

(Quick)  
*Prosperity Strategies*



Simple Steps to Begin Attracting  
Prosperity Into Your Life - Fast!

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## Welcome to the Quick Prosperity Strategies Guide!

During the next few minutes I'm going to walk you through some VERY SIMPLE strategies for attracting prosperity into your life. In fact, you may be tempted to dismiss them because they seem TOO easy – but don't be deceived! As simple as they are, they really do work!

If you're like most people, you're used to thinking of the acquisition of money as an external activity. In other words, you have to physically DO something in order to receive money. But did you know that all abundance comes from within you? It's true!

Still not convinced? Ask yourself why it's possible to work yourself half to death and still experience constant money shortages? Also consider why it is that you seem to have more money when you're feeling good and everything is running smoothly in your life? And why is it that when you receive some unexpected abundance, you seem to enter into a cycle of increased abundance in all other areas of your life? Suddenly you've got good things happening left and right, and you wonder what cosmic "lottery" you must have won!

Believe it or not, there are very good reasons for these phenomena! Together we're going to explore this mysterious essence called **Prosperity** – and give you some excellent techniques for attracting it whenever you want!

To your massive abundance!

Wendy

Wendy Betterini

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# Prosperity Strategy #1

## Kill the Worry

If you had any idea how destructive worry really is, you'd do everything in your power to stay FAR AWAY from it! Are you familiar with the Law of Attraction?

The [Law of Attraction](#) is activated by your thoughts, emotions, beliefs and expectations. Whatever you're thinking about, feeling and focusing on in any given moment sends a specific "signal" to the universe, and the universe then returns corresponding situations, experiences and events into your life.

Are you starting to see exactly why worry can cause big problems in your life? Whenever you worry about something, you are essentially "asking" the universe to send you more of it! Yikes!

Every time you enter into a mental state of panic and have thoughts like these: "Oh my goodness, I don't have enough money, what am I going to do? How am I going to pay the bills this month? I don't have enough money, I don't have enough money, I don't have enough money!!!" the universe actually hears, "I choose the reality of not having enough money. Please send me more experiences that will reinforce my perception of lack."

If you want to blast lack out of your life once and for all – make it your most important mission in life to STOP WORRYING! Get rid of fear, anxiety, worry and all emotions that correspond with lack in any form.

Instead, keep affirming over and over again that you always have more than enough money, and more than enough of everything you need. Really put your full focus and conviction into choosing to believe it, and you'll gradually shift your reality so it becomes true. (It may take a little time before the new beliefs take root, so keep with it even if it doesn't seem to be helping right away!)

## Prosperity Strategy #2

### RELAX

Closely related to anxiety and worry is a little something we call STRESS. When you're stressed, you're sending a signal that conveys to the universe that your life is difficult, burdensome and exhausting. The universe then returns more and more situations that will make you feel like that! This pertains not only to money issues, but all aspects of your life.

Do your very best to adopt a relaxed, harmonious mind-set as often as you can! There are many ways to do this, like through daily meditation, deep breathing, various exercises, and so on. The technique you use doesn't matter – just the end result does.

Ironically, simply CHOOSING to stay calm and peaceful is often enough to help you deal more effectively with stressful situations. As you start each day, spend a few minutes relaxing your body and shifting your mind into a state of peace and harmony. Affirm that you will easily navigate through difficult situations and remain balanced and peaceful all day.

As the day goes on, you'll need to continually perform self-checks to see that you're staying on track with your intention. If you notice that you're starting to feel tense, slip away to a quiet place for a few minutes and do your best to let go of stressful thoughts again.

Remember, even though it may not be possible to avoid stressful situations altogether, it is definitely within your control to decide how you will REACT to those situations.

You can choose to get upset and stressed out, or you can choose to stay calm and centered. Guess which one attracts joy and abundance, and which one attracts problems and lack?

## Prosperity Strategy #3

### Get Happy

Happiness is the direct opposite of worry. When you choose to feel happy and lighthearted, you cannot help but attract great things into your life, including money!

Did you know that happiness is largely a choice? In every moment, you have the ability to choose how you feel. You can focus on the negative “stuff” in your life and feel unhappy and dissatisfied – or you can focus on the positive side and feel happy!

This is true no matter what your life circumstances may be right now. No matter how dark your situation may seem, you undoubtedly have at least a few things that are good in your life. Start focusing more of your attention on those good things and you'll attract more of them!

For example, periodically throughout the day take a few minutes to reflect on something that makes you feel happy. Think about your friends and loved ones, your pets, your health and well-being, or anything else that you're glad to have, and allow feelings of happiness to flood through your body.

Do the same thing especially with money! Instead of feeling worried or frustrated about money, allow yourself to feel happy that you have money (no matter how little it may be!). When you pay your bills, feel happy that you are able to do so. Affirm that you have plenty of money, and you know that more is on the way – and feel HAPPY about it! In fact, how would you feel if you knew that you'd be receiving a large sum of money in the next couple of weeks? Even though you don't have the money yet, you'd be really happy that it was coming soon, right?

Adopt that same attitude NOW, even if you don't know for sure that more money is on the way. Pretend it is! The more you can focus on feelings of happiness, the more you'll attract situations that make you even happier.

## Prosperity Strategy #4 Get Joyful!

Joy is even MORE POWERFUL than happiness! Joy is like happiness on steroids. When you feel joyful, you are sending a massive BURST of powerful creative energy to the universe – which returns corresponding situations into your life.

When was the last time you felt truly joyful? Maybe you can't even remember what it feels like to be joyful? Let me remind you. Joy makes you feel so high emotionally that you're nearly ready to burst with energy and enthusiasm! You feel like you're the most blessed person in the world, like nothing can hold you back and life couldn't possibly get any better than it is right now! Now do you remember? ☺

The question is, how do you get joyful? If your life circumstances seem difficult, you may wonder how on earth you're supposed to feel joyful.

First, start with happiness as described on the previous page. Happiness is a little easier to generate at the beginning. BUT – once you're able to feel happy, think about something that boosts the feelings even more!

You can think about things that happened in the past, like the day you got married, the birth of your children, or any memory that fills you with warmth, love and joy.

Or, you can think about things that haven't even happened yet! Fantasize and use the power of your imagination! What experiences would fill you with joy? Winning the lottery? Buying your dream home? Meeting the love of your life? Think about those things and create a little spark of joy deep down in your belly. Then keep fanning it until it bursts into full-blown joy!

It may take time to truly master this technique, but it's so worth the effort! When you can consciously generate feelings of joy, you become a master "manifestor," attracting anything you want – including money!

## Prosperity Strategy #5 Get Passionate

Passion is also a powerful emotion that can attract wonderful things into your life – yes, even money! When you feel passionate, you automatically open the floodgates and allow abundance and good things to flow effortlessly into your life.

Unfortunately, the majority of people have lost touch with their passion for life. Have you too? Do you spend most of your time focusing on obligations and responsibilities, moving through your days on autopilot, falling into bed exhausted, only to get up a few hours later and do it all over again?

You deserve more than that! If you commit to living your life with passion, you'll be amazed at the difference it can make, including in your financial situation.

How do you live with passion? There are a couple of ways:

### **1) Do things you love.**

Make time each day (or at least a few hours a week) for things you love to do. Engage in creative activities or hobbies that make you feel good. If you don't currently have any favorite hobbies, you must get some! Think about the types of things you like to do, and then explore them until you find something that fills you with passion! Once you know what your passions are, do them as often as possible.

### **2) Infuse your usual activities with passion!**

As described above, if you've gotten into the habit of moving through your days on autopilot, it's time to shake things up! Start focusing on your normal activities with an intention to truly enjoy them. Put your heart and soul into everything you do, and know that you're emitting powerful energy that will be returned to you in some form, including increased abundance.

## Prosperity Strategy #6 Get Grateful

Gratitude is right up there with joy when it comes to emitting “good vibrations” to the universe.

Most of us are used to feeling grateful when something good happens, or perhaps once a year on the Thanksgiving holiday. But in order to make gratitude REALLY work for you, you’ve got to make it a daily habit. Not just a daily habit, but an ongoing, moment-to-moment all-day-long habit! It’s not as hard as you may think, but of course it will take some effort at the beginning. Here’s how to create an ongoing gratitude habit:

First, begin expressing gratitude for all the good things in your life as often as you can. When you wake up in the morning, feel grateful that you have another day to turn into something wonderful! Think about your loved ones, the roof over your head, the job that pays you a salary, and so on. Concentrate on “flowing” genuine feelings of gratitude to the universe for everything you have.

Then, as you go about your daily routine, make a conscious effort to feel grateful for the things that happen to you. You can do this with positive things, such as receiving a compliment from someone or saving a few bucks on your grocery bill. But you can also do this with things that you wouldn’t think are so good at first glance. Like if you get caught in a traffic jam on the way to work, find something positive to feel grateful about like having a few minutes to relax and quiet your mind.

Even better, feel grateful for things that haven’t happened yet! Try affirming, “I’m so grateful that I have enough money to pay the bills this month. I’m so happy about that, thank you universe!”

Feel grateful as often as possible, and you can’t help but attract great things to be even more grateful about!

## Prosperity Strategy #7

### Visualize

Visualization can be a powerful weapon in your arsenal against lack!

You already visualize constantly; did you know that? However, if you're like most people you are probably visualizing difficult situations and lack – which simply attracts more of them! Every time you worry about the possibility of something bad happening, or expect the worst in a situation, you are filling your head with negative images and emitting negative emotions.

Turning this around is as simple as filling your head with more positive images, which will trigger more positive emotions!

Try this easy visualization exercise for starters: [Visualize a Flood of Prosperity](#)

Or you can visualize anything wonderful that gets some positive emotion flowing! Here are a couple more good ideas for visualization exercises:

- Visualize your bank statement with a large balance, like \$25,000.00, \$50,000.00, or even more! In fact, you could use a photocopy of your actual bank statement and change the existing balance to a sum you'd like to have. Then simply hold that statement in your hands and imagine how you'd feel if you actually had that amount of money in the bank. Pretend you do and feel wonderful about it!
- Visualize yourself paying your bills each month with a big smile on your face. Imagine how you'd feel if paying your bills was easy and pleasurable because you always have enough money. Focus on generating those feelings and pretend that is indeed your experience!

(For more information about using visualization to attract prosperity, see my e-book, [Visualize Prosperity](#).)

## Prosperity Strategy #8

# Get the Law of Attraction Working for You

Working consciously with the Law of Attraction is so EASY! Most people don't do it because they're not aware that they can. In fact, you may fall into that category too! Are you used to feeling like everything in your life is out of your control?

As previously mentioned, the Law of Attraction is activated by your thoughts, emotions, beliefs and expectations. What this means is that you have the power to CHOOSE your life experiences! How?

There's a simple 4-step process to using the Law of Attraction consciously:

- 1) **Ask.** "Asking" for what you want is as simple as getting very clear about exactly what you want. If you want more money, get super-clear about exactly how much you want, and why! Write it down.
- 2) **Believe.** If you believe that it's impossible (or very difficult) for you to obtain more money, that is exactly what you'll create in your life! Instead, begin working on changing your beliefs. Affirm that you deserve to have plenty of money, and believe that it will come to you easily and quickly.
- 3) **Let go.** Rather than trying to force things to go your way, learn to detach and allow the universe to work on your behalf. Don't worry about "how" something will come about; just let it happen.
- 4) **Receive.** Place yourself into a state of allowing so you are open to the wonderful things the universe wants to send your way. (This is described in more detail on the next page.)

(If you're still struggling to get the Law of Attraction working for you, you may want to read my e-book, [Law of Attraction: Step by Step](#). I lay it all out in a simple, easy-to-implement process that ensures success!)

## Prosperity Strategy #9

### ALLOW

One of the most powerful things you can do is learn how to place yourself into a state of “allowing.” That applies to both your financial situation and ALL other areas of your life! When you think of “allowing” you probably imagine being open to receive the abundance and other good stuff that the universe wants to send you. You’re right, but there’s a little more to it than that.

When you allow, you place yourself into a state of NON-RESISTANCE. That is much more important than simply being willing to receive – it’s more about letting go of any inner resistance to the arrival of the things you want. What is inner resistance? Fear, doubt, disbelief, frustration, impatience, and of course – a focus on lack! The thing to understand about abundance is that it’s a NATURAL FLOW of energy through your life. You don’t have to force it to come; you just have to stop resisting it!

In order to ALLOW, you need to let go of all that negative “stuff” that creates blockages in your life. Even if you put yourself into a state of allowing for just a FEW MINUTES A DAY, you’d be well ahead of the game! You’d be putting out more positive energy than negative energy, and you’d start to see a dramatic change in your life.

Here’s how to get started allowing: For a minimum of 10 or 15 minutes a day, find a quiet place to relax and stop struggling. Imagine that you already have everything you could possibly want, and allow yourself to feel peaceful and happy about it! Just focus on feeling wonderful; happy and calm. During those 10 or 15 minutes, you are ALLOWING all wonderful things to flow into your life, rather than resisting them.

Even better, if you can adopt this same mind-set several times throughout the day even if only for a few minutes at a time, you’ll be putting forth even more great energy toward allowing anything and everything you desire!

## Prosperity Strategy #10

# Create Gateways for Prosperity!

This strategy is a little different than the others because it involves a more “traditional” approach to obtaining money – taking physical action. However, don’t dismiss it because it can be extremely effective if you do it right!

The Law of Attraction can find a way to deliver greater abundance into your life, even if you don’t take action – but YOU take a more proactive role by doing so! This is what I call “creating gateways” through which prosperity can enter your life.

Here’s the trick, though! These physical actions should never be difficult or painful. The point isn’t to kill yourself working extra hard or do things that you don’t feel good about. Rather, you want to take FUN action to help the universe send good things your way.

Here are a few good ideas for creating gateways in your life:

- Start a part-time business doing something you love.
- Buy a lottery ticket and act as if you already won.
- Consider starting a new career based on your passions.
- Network with successful people.
- Keep on the lookout for great opportunities – and take advantage of them when they appear!
- Share your true passions with the world.
- Enroll in classes that will further your education.

As you take action on any of these things or others, expect the best! Don’t get attached to any specific outcome, but instead focus on holding a positive expectation that good things will come from your actions. When you do this, you are working in partnership with the universe and great things are bound to happen!

## In Conclusion . . .

As you may have been able to guess from the suggestions in this guide, attracting greater prosperity into your life isn't so much about the things you DO, but rather the continuous mental and emotional states you experience day to day.

When it comes right down to it, prosperity isn't an external thing – it's totally about what's happening INSIDE of you. When you are naturally in alignment with prosperity, it flows easily. When you're out of alignment, it's like someone just shut off the tap completely.

This guide barely scratches the surface of the many ways to attract greater prosperity into your life. If you'd like a more detailed, step by step guide, check out [Visualize Prosperity](#).

As we covered in Step #7 of this guide, visualization is a powerful way to attract more money, but it has to be done in certain ways in order to be truly effective.

Finally, remember that becoming more prosperous is going to be a process for most people. They have gotten into the HABIT of thinking and acting in ways that create scarcity and lack. In order to turn it around they will need to get into the HABIT of thinking and acting in ways that create true abundance.

It may not be easy to change ingrained habits, but the effort is well worth it; it's an investment of time and energy will pay off for a lifetime!

Wishing you all the abundance and joy you can handle,

*Wendy*

Wendy Betterini

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